

Meredith Hodach Avalos, MD is a physician who specializes in the care of hospitalized patients at the University Medical Center of Princeton at Plainsboro, where she currently serves as the Chief of the Hospitalist Section. In addition to representing the hospitalists, working on quality initiatives, and caring for patients, she serves as a Clinical Instructor of physicians-in-training with a faculty appointment from Rutgers Robert Wood Johnson Medical School. She received her BA in Chemistry from Cornell University, an MSc in Biochemical Research from Imperial College London, and her MD from the University of Maryland. She completed an Internship and Residency in Internal Medicine at New York Presbyterian/Weill Cornell Medical Center. Prior to moving to Princeton, she lived and worked in Massachusetts for 6 years. She is committed to helping promote the health of our community, and is honored to serve as a member of the Board.